



Colonie TV Program Descriptions

Wednesday, Jan 19 to Jan 25, 2020

Albany County News
with Mary Rozak

Mary talks about programs and services with Albany County Department of Social Services Commissioner, Michele McClave.

AND Mary presents an update from Karen Ziegler, Director of the Albany County Crime Victim and Sexual Violence Center.

Getting to Know You

Elissa Valente is joined by Albany Catholic Schools Superintendent, Giovanni Virgiglio, and Lily Spera, principal of Saint Ambrose School, to discuss the partnership between Catholic Central High School and St. Ambrose School in Latham to form a new K-12 school, Catholic Central School.

AND Joe Nash's guest John McEneny to discuss the Irish history of Albany.

Health & Wellness with
Paul Drezelo

Paul discusses exercise, diet and weight management with Dr. Raymond Carrelle and Dr. Katherine Stam.

Library Book Review with
Joe Nash

Author Gerald Stulc discusses his book *The Surgion's Mate* and describes the writing of historical fiction.

AND Author Robert C. Conner talks about his book, General Gordon Granger: *The Savior of Chickamauga and the Man Behind "Juneteenth."*

Meet the Author with Joe
Nash

Throwback Episode (2007): Joe talks with Rick Tuers, author of "Lighthouses of New York State," a photographic and historic digest of New York's maritime treasures.

Mental Health Now with
Matthew Shapiro

A visit with former NFL player Keith O'Neil, President and Founder of the 4th and Forever Foundation which brings awareness to mental health and funds research for mental illness.

Miscellaneous

From Jennys to Jets: A fascinating documentary about one of America's and New York's unknown aviation pioneers, Johnny Miller, was originally provided by Shenise Productions, a local production company, in 2008.

Story by Story *Just the Stories*

Just the Stories: Volume 11...Storytellers Betty Cassidy and Linda McKenney share some favorite stories.

AND Just the Stories: Volume 12...A few tales to brighten your day by Kate Danaher and Karen Pillsworth.

AND Just the Stories: Volume 13...A selection of stories by storytellers Eileen Egan Mack and Jeannine Laverty.

Young at Heart with Tom
Scarff

Tom discusses gambling disorders in the senior population with William Hill and Carla Clayton from the Center for Problem Gambling.

Storytimes

Join the youth services staff each weekday at 9am and 7pm for stories, songs, fingerplays and fun. This program is for children of all ages.