



## Colonie TV Program Descriptions

Wednesday, May 18 to May 24, 2022

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**Albany County News**  
*with Mary Rozak*

Mary is joined by Toni Lynn, Chief Experience Officer with Community Resource Federal Credit Union, to talk about the credit union, its history, shared branching and more.

**AND** Mary presents an update with Jill Delaney from Discover Albany, taking a look back at how the COVID epidemic played out and how the future looks for tourism, sports and conventions in Albany County.

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**Getting to Know You**  
*with Joe Nash*

Historic Interpreter Steve Trimm portrays Ulysses S. Grant and discusses his relationship with President Lincoln during the Civil War.

**AND** Joe talks with Jack McEneny about Albany's Irish immigrants. (*Throwback Episode 2016*)

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**Health & Wellness with**  
*Paul Drezelo*

Paul discusses exercise, diet and weight management with Dr. Raymond Carrelle and Dr. Katherine Stam.

**AND** Paul welcomes Dr. Amar Parikh and Dr. John Whalen, from OrthoNY, for a discussion of spine and back problems.

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**Library Book Review with**  
*Joe Nash*

Frankie Bailey, co-author with Alice Green, of *Wicked Albany: Lawlessness & Liquor In the Prohibition Era*, talks about the book and the events described therein.

**AND** East Greenbush author James Brieg talks about his recent book *Searching for Sergeant Bailey: Saluting an Ordinary Soldier of World War II*.

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**Meet the Author with Joe**  
*Nash*

*Throwback Episode (2013):* Joe talks with Norm DeLap, author of *But I Can't Shoot Straight, Really!*, a look back at life in Colonie during the 1940s and 1950s, plus his time in the Vietnam War.

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**Mental Health Now with**  
*Matthew Shapiro*

Matthew discusses the prevention of child abuse with Tim Hathaway, Executive Director of Prevent Child Abuse New York.

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**New York Cider Series**

Sonya del Peral and Ian Merwin, from Black Diamond Farm, take an interesting look at the cider making process and apple varieties.

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**Story by Story** *Just the Stories*

Just the Stories: Volume 22...The art of storytelling with Marni Gillard and Eliud Nieves.

**AND** Just the Stories: Volume 20...Music themed stories by Sandy Schuman blend with tales by Nancy Marie Payne.

**AND** Just the Stories: Volume 21...A new selection of stories by storytellers Eileen Egan Mack and Jeannine Laverty.

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**Storytimes**

Join the youth services staff each weekday at 9am and 7pm for stories, songs, fingerplays and fun. This program is for children of all ages.