



Colonie TV Program Descriptions

Wednesday, Mar 29 to Apr 04, 2023

Albany County News
with Mary Rozak

Mary welcomes Adam Zaranko, Executive Director of the Albany County Land Bank Corporation.

AND Mary Rozak discusses a variety of mental health issues with Dr. Stephen Giordano, Director of the Albany County Department of Mental Health.

Getting to Know You
with Joe Nash & Elissa

Historic Interpreter Steve Trimm portrays Ulysses S. Grant and discusses his relationship with President Lincoln during the Civil War.

Health & Wellness with
Paul Drezelo

Paul talks about sports medicine with Deborah Light, MD, from Albany Medical Center and Albany Medical College.

Library Book Review with
Joe Nash

Paul Grondahl, an author and award-winning former reporter at the *Times Union*, will speak about his book *Great Dogs of Albany*.

AND Union College Classics Professor Hans-Friedrich Mueller reviews *Living with a Dead Language: My Romance with Latin* by Ann Patty.

Meet the Author with Joe
Nash

Joe's guests are Russell Dunn and Barbara Delaney, authors of *Waterfall Guides of New York State* and *Trails with Tales*.

AND Joe visits with local journalist Mike DeMasi about his book *What They Said: 25 Years of Telling Stories*, a collection of his favorite work.

Mental Health Now with
Matthew Shapiro

Matthew leads a discussion on mental health parity, addressing issues of access to services, with Andrew Malekoff and Tracie Gardner.

Miscellaneous

Death with Dignity-Albany presents Jennifer Hoit for a discussion on how palliative care, hospice and end-of-life doula's can care for the dying with management of symptoms and with heart.

AND Filmmaker and journalist Greg Hitchcock previews his documentary, *Climate Change: The Adirondacks. (Throwback Episode 2015)*

Story by Story Just the
Stories

Just the Stories: Volume 5... A selection of stories by Claire Nolan and Fran Yardley.

AND Just the Stories: Volume 6...Storytellers Mary Murphy and Kent Busman share a few stories.

Storytimes

Join the youth services staff each weekday at 9am and 7pm for stories, songs, fingerplays and fun. This program is for children of all ages.