



## Colonie TV Program Descriptions

Wednesday, Aug 26 to Sep 01, 2026

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### Getting to Know You with Joe Nash & Elissa

Joe talks about the history of the Grant Cottage State Historic Site with Tim Welch, President of the Friends of the Grant Cottage.

**AND** Joe talks with Fran Weiss, Hannaford Dietitian, about the many benefits of the Mediterranean diet.

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### Health & Wellness with Paul Drezelo

A look at pediatrics...from newborns to adolescents, with Dr. Michael P. Looney, MD, from Delmar Pediatrics, PLLC, and VJ Gandham, MD, from Park Place Pediatrics.

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### Library Book Review with Joe Nash

Film expert Lenny Zapala reviews Pauline Kael's *The Age of Movies*.

**AND** David Shapard reviews John Mullan's *What Matters in Jane Austin: Twenty Crucial Puzzles Solved*.

**AND** J J Jennings reviews Bill O'Reilly's controversial best seller *Killing Lincoln: The Shocking Assassination That Changed America Forever*.

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### Meet the Author with Joe Nash and Zina Shevchik

Annu Subramanian who heads the Writing Center at the Brown School in Schenectady talks about her latest novel on human trafficking called *Another Heaven*.

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### Mental Health Now with Matthew Shapiro

Matthew discusses the prevention of child abuse with Tim Hathaway, Executive Director of Prevent Child Abuse New York.

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### Miscellaneous

Death with Dignity-Albany presents a discussion on funeral arrangements with John Cannon and Glenn Ward, Co-Owners of Cannon Funeral Home.

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### Open Door on the Arts

Previewing *Benedict Arnold Hero Betrayed*. Episode 1: Why Benedict Arnold? (Throwback Episode)

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### Story by Story Just the Stories

Just the Stories: Volume 36...Kent Busman and Eileen Egan Mack share some favorite tales (or tails!).

**AND** Just the Stories: Volume 37...A selection of stories by Margaret French, Sandy Schuman, and Christie Keegan.

**AND** Just the Stories: Volume 35...Siri Allison, Kate Dudding and Joe Doolittle share a variety of stories.

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### Storytimes

Join the youth services staff each weekday at 9 am and 7 pm for stories, songs, fingerplays and fun. This program is for children of all ages.